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Abstract Details

Title: A Survey of Ethno-Medicinally Novel Plant Species of Gulmarg Valley in Kashmir Himalaya, India

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Abstract: From recent times, plants have traditionally been used for the treatment of human and livestock diseases in Kashmir Himalaya by different tribal local groups. However, this valuable source of knowledge is not amply documented, which obstructs their widespread use, evaluation and validation. The present research work was carried out to collect and gather local knowledge from tribal and nomadic people about traditional medicinal uses of plants. Indigenous knowledge was collected by interviewing people of different age groups. A total of 15 plant species belonging to 12 families were recorded as being used by local inhabitants for curing various ailments. The present study is of great significance as it provides a lead in documenting the knowledge of traditional herbal medicine. These ethno-medicinally important plants are unparalled treasure of wealth and conservation of such plant species should be done by the concerned authorities. It should be realized that conservation and management of potential species are of utmost importance.

Keywords: Kashmir Himalaya, Tribal, Knowledge, Indigenous, Wealth.